



Directorate of Physical Education & Sports

Dated:28.08.2023

CIRCULAR

The Directorate of Physical Education & Sports, MANUU is going to celebrate National Sports Day (NSD) on 29<sup>th</sup> August, 2023 in view of the birthday of the Hockey legend Major Dhyan Chand. To commemorate India's deep-rooted tradition of Sports for the people of various age groups. The theme of the event is "Sports as an enabler for an inclusive and fit society"

In this context, the Directorate of Physical Education & Sports is going to organize the Sports and fitness activities in the Universities for different age groups on 29<sup>th</sup> August, 2023, the following events will be conducted for National Sports Day (NSD) 2023 celebrations:

Event	Date & Time of the Event	Venue
1. Athletic Event-100 Mtrs Race for Students (Boys/Girls)	29.08.2023, 03:30 pm to 05:00 pm	Dhyan Chand Ground, MANUU

2.Athletic Event-100 Mtrs Race for Staff			
Men	Women	Date & Time of the Event	Venue
Age group upto 35 years	Age group upto 35 years	29.08.2023, 05:00 pm to 06:00 pm	Dhyan Chand Ground, MANUU
Age group from 36 to 45 years	Age group from 36 to 45 years		
Age group from 46 to 55 years	Age group from 46 to 55 years		
Age group above 55 years	Age group above 55 years		

Event	Date & Time of the Event	Venue
3. Lemon Race for Staff Kids (Boys & Girls) upto 8 years	29.08.2023 05:00 pm to 06:00 pm	Dhyan Chand Ground, MANUU
Lemon Race for Staff Kids (Boys & Girls) from 8 - 12 years		

Prize Distribution Ceremony will be conducted after the Events	Venue:- Dhyan Chand Ground, MANUU
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Interested students (Boys/Girls) and Staff members (Men/Women) and staff kids may register their names at the Directorate of Physical Education & Sports on or before 29.08.2023, 01:00 pm.

With Best Regards,

  
28/8/23

Deputy Director  
Directorate of Physical Education & Sports

Copy to

1. Office of the Hon'ble Vice-Chancellor
2. Office of the Registrar.
3. Director, CIT for uploading on the University Website
4. Public Relations Office for Press release