



मौलाना आज़ाद नेशनल उर्दू यूनिवर्सिटी
MAULANA AZAD NATIONAL URDU UNIVERSITY
A Central University under Ministry of Education
Government of India



शारीरिक शिक्षा एवं खेल निदेशालय
Directorate of Physical Education & Sports

No.HY/DRPE/PHED/2025-26/44/938

Dt:28.10.2025

सूचना / NOTICE
"Fit India Freedom Run 2025"

The Directorate of Physical Education & Sports is pleased to inform that as part of the **"Fit India Freedom Run 2025"** a **3 km Run** will be organized at **04:30 PM** on **31.10.2025**, at Dhyan Chand play field, MANUU Campus.

The Run aims to inculcate the habit of walking and running in people in the quest for better health and fitness. Considering the importance of cleanliness for healthy lifestyle. **"Fit India Freedom Run"** with the theme of Swachchhta and Swasthya (cleanliness and health).

All the students and staff members are invited to participate in the event, and register at the Directorate of Physical Education & Sports.

- **"Fit India Freedom Run 2025" on** : **31.10.2025 at 04:30 PM**
- **Date of Registration** : **30.10.2025 from 10:30 AM to 05:00 PM**

The participants are requested to report at the venue at 04:00 PM on 31.10.2025. For Registration and further details contact Dr.Mohammad Habeebullah, Assistant Director, DPE&S. **The first 40 Students Participants will get the T-Shirts (First come first serve basis).**

(Signature)
28/10/25

Dy. Director उप निदेशक
Directorate of Physical Education & Sports