

Press Release

مولاانا آزاد نیشنل اردو یونیورسٹی
MAULANA AZAD NATIONAL URDU UNIVERSITY

(A Central University established by an Act of Parliament in 1998)

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September 27, 2021

“Fitness through Yoga” programme at MANUU

Hyderabad:

The Department of computer science and information technology, Maulana Azad National Urdu University conducted a programme on “Fitness through yoga “ for the faculty & staff members on 24th September, 2021 with the purpose to inculcate healthy life style beside physical fitness.

According to Dr. Syed Imtiyaz Hassan, Head, Dept of CS & IT, the Department is organizing such events to celebrate the momentum of “Fit India movement”.

Prof Abdul Wahid, Dean, School of Technology and Dr. Pradeep Kumar, Associate professor with 30 other staff members participated in the programme conducted under supervision of Dr. Firdaus Tabassum, physical fitness instructor. Ms. Afrah Fathimah & Ms. Geeta Pattun, Assistant Professors were the coordinators .

(Abid Abdul Wasay)
Public Relations Officer

Note: News is being attached at e-mail.