



# MAULANA AZAD NATIONAL URDU UNIVERSITY

## DEPARTMENT OF WOMEN EDUCATION

Conducted

Online Training program

on

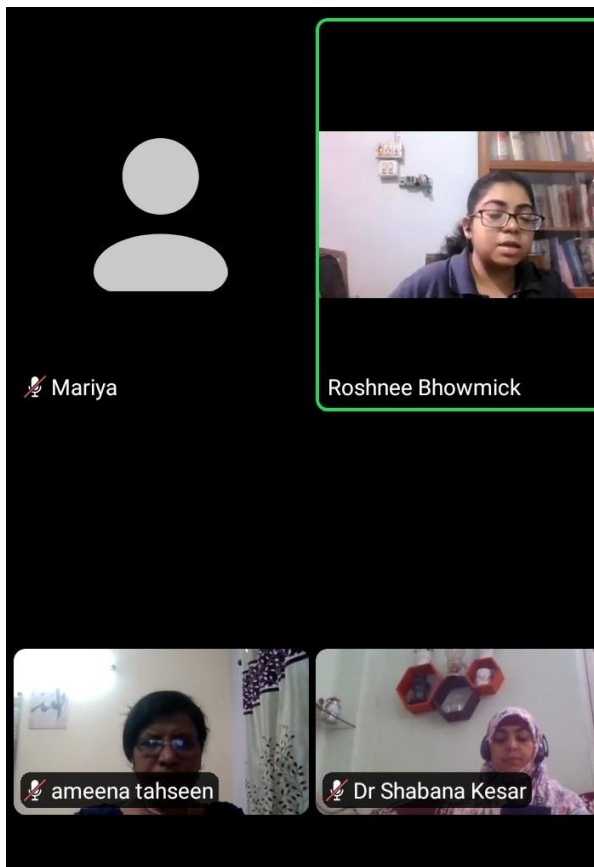
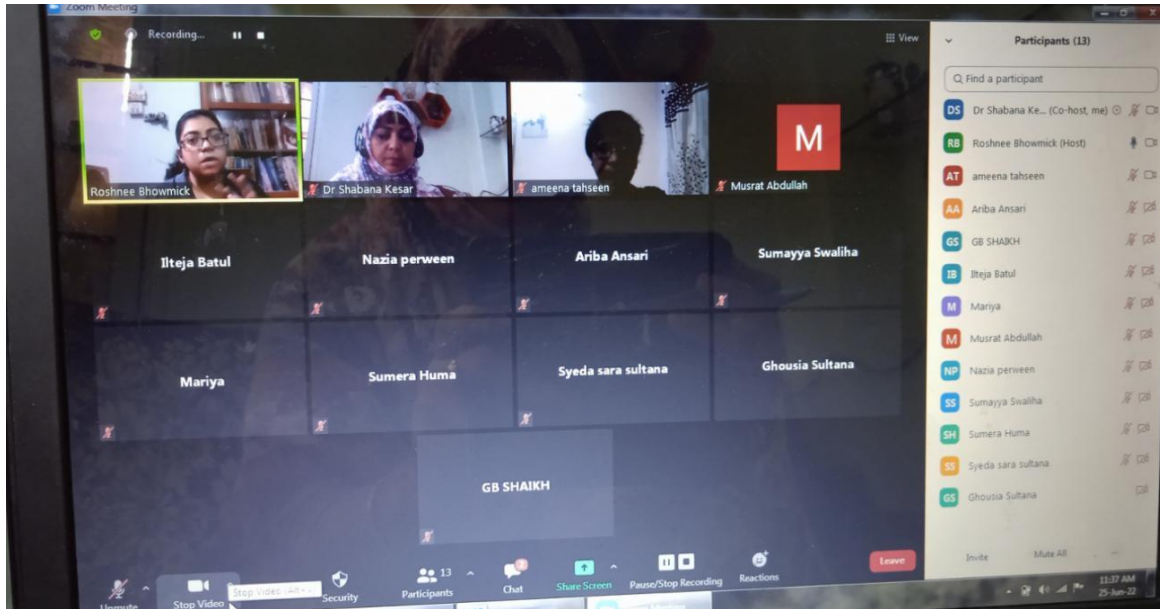
**Women's Health & Hygiene- with special focus on Menstrual Health**

### REPORT

Department of Women Education, MANUU in collaboration with Global Hunt Foundation (Bengaluru) and Unicharm India, organized a free online training program on “**Women's Health and Hygiene with special focus on menstrual Health**”, on **25<sup>th</sup> June,2022**. Total 183 girl Students had registered and participated in this program. Two successful training sessions were conducted.

The training aimed at creating awareness on the importance of Hygiene and to create a comprehensive understanding about health issues during menstrual process. Ms. Roshini Bhowmick, CSR Executive, Unicharm India was the speaker for both sessions. She spoke on different issues and myths related to menstrual health with the help of PPT presentation. She clarified all the doubts in open session after the presentation. At the beginning of the session, Dr. Ameena Tahseen, Head, Department of Women Education addressed the participants and welcomed the guest speaker. In her opening remarks, she highlighted different issues related to women's health especially menstrual health and the impact on development process. The program was co-ordinated by Dr. Shabana Kesar, Asst. Professor, Department of Women Education and Coordinator for this training session.

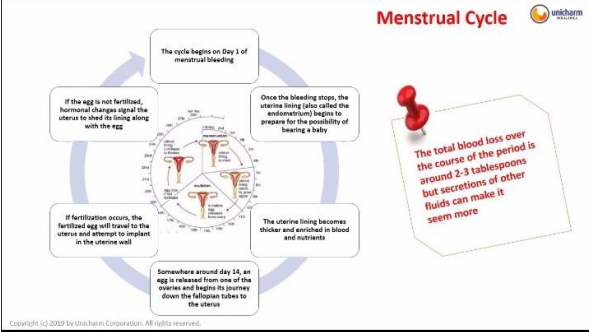
Few pictures taken during the session.



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(Dr. Ameena Tahseen)