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## COLLEGE OF TEACHER EDUCATION, BHOPAL

کالج آف ٹیچر ایجوکیشن، بھوپال

### REPORT

OF

## INTERNATIONAL YOUTH DAY

12<sup>th</sup> August 2024

INTERNATIONAL  
YOUTH DAY

The International Youth Day is celebrated on August 12 each year, to celebrate the role of young men and women as essential partners in change and also to recognize efforts of the world's youth in enhancing global society. The theme of the International Youth Day this year is 'From Clicks to Progress: Youth Digital Pathways for Sustainable Development.' Youngsters are at the forefront of digital adoption and technology.

In 1999, the United Nations (UN) declared August 12 to be International Youth Day. The suggestion was recommended to the UN General Assembly by the World Conference of Ministers Responsible for Youth in Lisbon on December 17, 1999. The day was first celebrated on August 12, 2000, and from that point forward, the day has been utilized to teach the overall population.

The B.Ed. students of CTE Bhopal were given an insight into how, as a youth, they can realize their potential as a partner at global scenario by inculcating yogic values and philosophy in their life. Dr. Neeti Dutta delivered a lecture on importance of yoga and health for teachers and students. The message of health and fitness has spread to these young individuals and has been received with great interest, care and understanding. A sound body is best accompanied by a sound mind and a sound mind can only be enhanced by a sound spirit. Students also practice Yoga Techniques and meditation with full dedication. The whole session was refreshing and energetic for everyone.



After the session students participated in poster making on the theme of Youth Day. The occasion provided an opportunity to acknowledge the students' inherent qualities and their potentials. Their work was displayed in the curriculum lab. Mr. Saifuddin Ansari facilitated the event and motivated students to express their ideas through colors.



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