

Resume



MANDA ANUSHA
Sai sandeep Appartment,
Krishna nagar colony
Bholakpur
Secunderabad, Hyderabad
Telangana(state)
Pin:-500080

Mobile: 8374210823
E-mail: anusha.manda87@gmail.com

OBJECTIVE:

To implement the skills and experience I have gained in the Field of Nursing efficiently to uplift the esteemed institution and to develop my Nursing profession.

My objective is to secure a challenging position where I can effectively contribute my skills as a Staff Nurse, In-charge nurse, Nurse educator or clinical instructor, Trainer, Lecturer, and Associate professor, Hyderabad, Telangana these are areas excel towards the growth of the organization and provides me with a full-fledged career with good interpersonal skills and confidential in all dealings with patients, patient attenders, institution management and colleagues.

EDUCATIONAL QUALIFICATION:

S.NO	COLLEGE /UNIVERSITY	COURSE	PLACE	YAER	PERCENTAGE
1	YASHODA COLLEGE OF NURSING	MSc Nursing- Obstetric & Gynecological Nursing Dept.	HYDERABAD	2011- 2013	68%
2	AWARE COLLEGE OF NURSING	BSC NURSING	HYDERABAD	2005-2009	64%
3	ALPHORSE JUNIOR COLLEGE	Intermediate Bi P C	KARIMNAGAR	2003-2005	60%
4	BOARD OF SECONDARY EDUCATION	SSC	GODAVARIKH ANI	2003	70%

PROFESSIONAL EXPERIENCE:

Nursing Experience: - Total 15+ years (After M.SC Nursing 13 years: After B.SC Nursing 2 years)

S.NO	HOSPITAL/INSTITUTION	PLACE	YEARS	DURATION
1	NIJAMS INSTITUTE OF MEDICAL SCIENCE	PANJAGUTTA, HYDERABAD	28-11-2022 – TILL DATE	2 YEARS 3 MONTHS
2	APOLLO HOME HEALTH CARE	HYDERABAD	25-1-2021 TO 30-11-2022	2 YEARS
3	GDMM COLLEGE OF NURSING	NANDIGAMA, KRISHNA DIST, A.P	3-05-2015 TO 20-1-2021	5 YEARS
4	SIR H N RELIANCE FOUNDATION HOSPITALS	MUMBAI MAHARASHTRA	1-2-2014 TO 10-3-2015	2 YEAR 2MONTHS
5	MOTHER KRISHNA BAI COLLEGE OF NURSING	HYDERABAD	2-1-2010 TO 31-5-2011	1 YEAR 5 MONTHS

1) NIMS Hospital

Location: India – Hyderabad

Job Profile: I have worked in various ICUs (CICU, SICU, PICU, NICU, MICU, CTICU, NSICU, ER), Surgical and Gastroenterology (SGE), Orthopedic Department, Critical Care Areas (Kidney Transplant Unit, Dialysis Department), as well as both Inpatient and Outpatient Departments.

Job Responsibilities Role as a NURSING OFFICER:

1. Delivery of Safe and Qualitative Nursing Care:

Demonstrated knowledge and adherence to policies and protocols specific to the assigned area.

- Proficiency in the layout, arrangement of the unit/department, admission and discharge criteria, understanding of medical staff roles, nursing workforce, support personnel, material inventory, and equipment.
- Effective and efficient patient care delivery by optimizing available resources in terms of manpower, materials, and time. Emphasis on safe medication administration and infection control practices to ensure the highest level of patient safety.
- Prioritizing qualitative parameters to enhance patient, staff, and co-workers confidence and respect in nursing care.

2. Relationship Management:

- Nursing staff management, including duty assignments, rosters, leave management, counselling, guidance, conflict resolution, complaint resolution, and performance monitoring.
- Fostered clear communication and expectations with medical staff, held periodic interactions, resolved issues, and conflicts, and built a cordial team environment.
- Maintained patient relationship management through periodic interactions, managing expectations, addressing deficiencies, and continuous improvement efforts.
- Established a strong rapport with higher management by representing the assigned areas in meetings and conferences, presenting department/unit activities, and assuming responsibilities for reducing variances and enhancing quality.

This comprehensive approach to nursing management is aimed at delivering safe, high-quality care while maintaining effective relationships with staff, medical professionals, and patients.

2) APOLLO HOME HEALTHCARE

Location: India - Hyderabad Training and Education:

Role as a NURSE EDUCATOR

- Conducted orientation programs for newly recruited nursing staff, ensuring a smooth integration into the team.
- Implemented ongoing performance improvement initiatives for experienced nursing staff, enhancing their skills and knowledge.
- Provided repeat training sessions for underperforming staff to address deficiencies and boost their performance.
- Collaborated with key partners to improve nursing skills at the bedside of patients, incorporating valuable feedback.

Mentored student nurses during their assignments in specific home areas to foster their professional development.

Documentation:-

Successfully implemented the use of charts, records, and case sheets to maintain comprehensive and accurate patient documentation.

- Ensured complete and detailed documentation following the delivery of nursing care, and facilitated efficient hand-off processes.
- Maintained records of periodic performance evaluations, annual appraisals, confidential reports, schedules, outcomes, dashboards, and performance indicators on a regular basis.
- Identified problems, variances, and root causes of deficiencies within the documentation process and took necessary corrective actions.
- Conducted periodic monitoring of documentation practices and provided staff education and assessments as needed.
- Oversaw internal audits and cross-departmental audits to maintain high standards of documentation and patient care.
- Conducted infection control audits and quality audits to further enhance the quality of care provided to patients.
-

**3) GDMM COLLEGE OF
NURSING – Location: India
Nandigama, Krishna Dist
A.P**

- Associate Professor/Professor –

- Delivered advanced lectures in [subjects] for undergraduate and postgraduate students
- Led curriculum development and academic planning
- Supervised clinical training programs in affiliated hospitals
- Guided postgraduate dissertations and undergraduate research projects
- Organized workshops, seminars, and continuing nursing education (CNE) programs
- Participated in accreditation and inspection processes (INC / university)
- Mentored junior faculty and evaluated teaching performance
- Conducted theory and practical classes for nursing students
- Prepared lesson plans, question papers, and evaluation reports
- Supervised clinical postings and student case presentations
-

**4) Sir HN Reliance Hospital - Nurse Executive
Location: India – Mumbai**

Roles and Responsibilities as a Staff Nurse:

- Diligently monitored, recorded, and communicated changes in patient symptoms to ensure the delivery of best care practices.
- Developed and implemented innovative nursing protocols aimed at improving patient outcomes and reducing medical errors.
- Led the recruitment of new professional staff members and oversaw the implementation of comprehensive training programs.
- Effectively coordinated patient care services and managed clinical cost control, adhering to hospital policies when investigating and reporting incidents.
- Stepped in to provide direct nursing care to patients during short-staffed periods, collaborating with care team members to optimize intervention plans and care delivery.
- Contributed to the preparation of budgets and expense reports.
- Addressed employee questions and concerns through email, phone, and in-person communication channels.

5) MOTHER KRISHNA BAI COLLEGE OF NURSING (Worked as Lecturer)
Location: India – Hyderabad

University Instructor:

- Managed university courses with class sizes of up to 50 students.
- Proactively expanded my knowledge base by networking with fellow instructors and conducting research.
- Developed tests and educational materials to assess and facilitate student learning objectives.
- Planned and created homework assignments aligned with lessons taught and students' developmental needs.
- Utilized innovative teaching methods to effectively deliver course content.
- Provided continuous and proactive support to students and staff requiring extra assistance.
- Developed course curriculums based on government guidelines, industry trends, and input from the head of the department.

Roles and Responsibilities as Staff Nurse:

- Performed various nursing interventions, including wound dressing, vital sign monitoring, and specimen collection.
- Developed and implemented patient care plans based on physicians' instructions and established nursing practices.
- Explained healthcare issues and their implications to patients and their families to enable informed medical care choices.
- Delivered age-appropriate medical care for adult, adolescent, and geriatric ICU patients.
- Collaborated with physicians to conduct bedside procedures such as intravenous injections, vascular line insertions, and bronchoscopies.
- Conducted assessments of patients' physical, psychological, physiological, and cognitive statuses.
- Reported patients' statuses and delegated nurse assignments to achieve optimal outcomes.
- Maintained up-to-date patient charts, including medication records, to support accurate treatments.
- Educated patients, families, and caregivers on various aspects, including diagnosis, prognosis, treatment options, disease processes, management, and lifestyle choices.

LIST COMMON PROCEDURES PERFORMED	LIST OF COMMON EQUIPMENTS HANDLED
Data collection Checking and recording patients' vital signs Administering medications and high alert medications Changing and cleaning bandages Changing and cleaning bandages Dressings and catheters Wound care & Stoma care Venipuncture , ABG & VBG sampling Intubation Central line & PICC Line care TPN's Blood Transfusion Tracheostomy Care & Suctioning Lifting Patients Splints and Casts Catheterization IV Cannulation Ryles tube insertion & feeding CPR O2 Administration Nebulization Pressure ulcer care & back care Managed pts with ICU psychosis Assisted in OT Assisted in labour Normal & C-Section Antenatal & postnatal assessments Neonatal CPR, Baby bath, Mummyfing, Apgar score checking, Assisted baby for Breast feeding, Buring, KMC, Cord care, Vaccination schedule etc.	Stethoscopes, Spignomanometer mannual & Automatic Variety of thermometers Spirometer Glucometer EKG/ECG machines Patient monitor Defibrillators Ventilator Infusion Pump Syringe Pump Ambu bags Baby warmer NST Machine Vacuum Regulators. O2 Cylinders Suction Ejectors, Venturi Systems. Ball Flowmeters. Flow Selectors. Humidifiers. Trolleys And Cylinder Holders. Low Pressure Hoses.

THESIS TOPICS:-

- Done project work on "A STUDY TO ASSES THE KNOWLEDGE OF MOTHERS REGARDING UTERINE PROLAPSE" at Govt. Maternity Hospital, Petlaburz, Nayapul, Hyderabad.
- Done project work on "TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON DYSFUNCTION UTERINE BLEEDING AMONG WOMAN IN GYNAECOLOGY WARD AT MODERN GOVERNMENT MATERNITY HOSPITAL, PETLABURZ, HYDERABAD,

A.P." at Govt. Maternity Hospital, Petlaburz, Nayapul, Hyderabad.

PROFESSIONAL CARRIER OBJECTIVES:-

- Attended workshop at Mother Krishna Bai College of Nursing on TO ENHANCING RESEARCH SKILLS FOR NURSES.
- Attended an international conference at Omayal Achi College of Nursing, Chennai, on MIXED METHODS OF RESEARCH.
- Attended workshop at Kamineni College of Nursing on PATIENT SAFETY.
- Attended workshop at Yashoda College of Nursing on QUALITY ASSURANCE IN NURSING ADMINISTRATION.
- DONE workshop at Yashoda College of Nursing on THEORY TO PRACTICE.

- Sub Topic: - Nursing practice at the hospital area.
- Paper Presented at International Conference on GERIATRIC SOCIETY OF INDIA, Hyderabad.
- Certified Health Sector Skill Council Instructor, (HSSC) Govt of India.
- Perusing NABH course 4TH & 5TH Edition; Masters in Hospital Administration from Medvarsity university

Professional Skills and Qualifications:

- Expertise in clinical practice, clinical supervision, content development, and associate professor roles.
- Proficient in operating systems such as Windows 98, 2000, and XP.
- Advanced skills in Microsoft Office and project design.
- Mastery of Microsoft Excel.
- Extensive experience in creating engaging and informative PowerPoint presentations.

Interests:

- Reading Books.
- Painting.
- Assisting the Needy.

Strengths:

- Friendly and approachable by nature.
- Honest and trustworthy.
- Strong communication skills.
- Dedicated and hardworking.
- Adaptable to any assignment.
- Positive attitude and patience at work.

PERSONAL PROFILE: -

Father's Name	:	M.SAMUEL
Date of Birth	:	14 th August 1987
Marital Status	:	Married
Nationality	:	Indian
Languages Known	:	English, Hindi & Telugu.

DECLARATION:-

I hereby, declare that the information presented above is true to the best of my knowledge and bear the responsible for the correctness of the above-mentioned particulars.

Date

Place: Hyderabad

Anusha Manda