

Al Beruni Centre for the Study of Social Inclusion

Maulana Azad National Urdu University

Elective Paper (PG)

Course Title: Social Inclusion Studies: Theory, Concept and Application

Semester: 2

Credits: 2

Objectives:

1. To provide a theoretical foundation of social exclusion, inclusion and intersectionality in global and Indian contexts.
2. To familiarize students with contemporary frameworks, policies and challenges in advancing social inclusion and to equip students with participatory fieldwork methods and skill development for inclusive community engagement.

Outcome:

After completing this course, students will be able to: Analyse contemporary dynamics of social inclusion/exclusion through interdisciplinary lenses. Design and implement context-specific fieldwork projects using participatory tools and will be able to evaluate the impact of inclusion policies and grassroots interventions through evidence-based approaches.

Unit 1: Social Exclusion Studies: Theory & Concepts

- Social Exclusion and Inclusive Policies: Meaning, Definition and Concepts
- Intersectionality (caste, ethnicity, religion, region, gender/transgender, disability)
- Global and National Policies (e.g., UN SDGs, National Human Rights Commission, Equal Opportunity Commission)
- Poverty, Equity and Inequality
- Policies and Challenges

Unit 2: Fieldwork and Applied Skill Development

- Research in Social Science: Significance, Design, Sampling, Types, Methods, Qualitative and Quantitative data
- PRA/RRA (Participatory Rural Appraisal/Rapid Rural Appraisal) techniques
- Field Visit: Urban/Rural/Tribal localities
- Activities: Films/Documentaries, Role-play exercises on privilege and bias, Guest lectures by a grassroots activists on community-led inclusion.

References:

1. Sen, A. (2000). *Social exclusion: Concept, application, and scrutiny* (Social Development Papers No. 1). Asian Development Bank.
2. Young, I. M. (2000). *Inclusion and Democracy*. Oxford University Press.
3. Thorat, S., & Newman, K. S. (Eds.). (2010). *Blocked by Caste: Economic Discrimination in Modern India*. Oxford University Press.
4. Silverman, D. (2013). *Doing Qualitative Research: A Practical Handbook* (4th ed.). SAGE Publications.
5. Kumar, R. (2014). *Research Methodology: A Step-by-Step Guide for Beginners* (4th ed.). SAGE Publications India.

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