



शारीरिक शिक्षा एवं खेल निदेशालय

Directorate of Physical Education & Sports

परिपत्र / CIRCULAR

Celebration of "FIT India Week"2024

सं./No. MANUU/DPE&S/2024-25/ 790

दिनांक /Date:18.12.2024

As per the directives of UGC, the Directorate of Physical Education & Sports is pleased to inform that it is going to celebrate "FIT India Week" 2024 towards various sports and fitness activities from 23.12.2024 to 27.12.2024 in following sports activities for Students & Staff, Staff Kids, Spouse of Staff (M & W).

S.No.	Date	Category	Events	Timings
1.	23.12.2024	Students (Boys, Girls) & Staff Kids (Boys, Girls) 10-15 years	Badminton, (Singles)	Girls: 04:00 to 05:00pm Kids: 05:00 to 06:00pm Boys:06:00 to 08:00pm
2.	24.12.2024	Staff (M & W)	Badminton (Singles)	05:30 pm onwards
3.	26.12.2024	Gym	Only for Boys (Bench Press, Dead Lift)	05:00 pm onwards
4.	26.12.2024	Spouse of Staff	Badminton (Singles)	05:30 pm onwards
5.	27.12.2024	Prize Distribution ceremony		at 03:30 PM.

Those who are interested may contact at the Directorate of Physical Education & Sports and register their names on or before 20.12.2024 at 05:30 pm.


उप निदेशक
Dy. Director

Copy to:

1. O/o the Hon'ble Vice-Chancellor
2. O/o the Registrar
3. The Chairman (GSC)
4. The Director CIT to upload on the University website