



सं. No. MANUU/P&D/F.55B (vol.VIII)/2026-27/11

दिनांक / Date: 11<sup>th</sup> June, 2026.

परिपत्र / CIRCULAR

**विषय/Sub: Participation in Online Yoga Session on 14.06.2026 as part of Guinness World Record Attempt as countdown to the International Day of Yoga (IDY) 2026 – Reg.**

**संदर्भ/Ref: Secretary, D/o HE, MoE letter No. 29-2/2025-S&S, dated 05-06-2026.**

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The International Day of Yoga (IDY) is celebrated every year on 21<sup>st</sup> June to promote physical, mental and emotional well-being through the practice of Yoga.

The University has received a communication from the Ministry of Education, Government of India, regarding participation in an **Online Yoga Session** being organized on **14.06.2026 (06:15 AM to 07:35 AM)** as part of a **Guinness World Record Attempt** in the run-up to the **International Day of Yoga (IDY) 2026**.

All students, faculty members, officers and non-faculty staff of the University, including Regional Centres, Constituent Colleges and Off-Campus Centres are encouraged to enthusiastically participate in the event. Participants may register through the toll-free number **1800-315-7008** and are required to join the session individually through their respective devices, as each device login will be counted towards the official record.

All Heads of Departments/Off-campus units are requested to give wide publicity to the event and ensure maximum participation.

कुलसचिव / Registrar

To

*All the Deans of Schools of Studies  
All Directors of the Centres and CDOE  
All Heads of the Department (Teaching)  
All Section Heads/Incharge (Non-Teaching)*

*Circulate among the students and staff*

Copy to:-

1. Office of the Vice-Chancellor/Registrar/Finance Officer/CoE
2. Director, CIT for uploading on University website.
3. Concerned file