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Editor in Chief

Dr. Shireesh Pal Singh
shireeshsingh1982@gmail.com



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90, Sainik Vihar, Mohan Garden, Uttam Nagar, New Delhi - 110 059, India

Phone: 91-11-23256188 Mobile: 9971676330, 9582248909

Email : ndpublishers@rediffmail.com www.ndpublisher.in

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Age factor drive Emotional Intelligence and Adjustments of Trainee Teachers? "A Study of Enrolled B.Ed. Trainee Teachers in different B.Ed. Colleges of Karnataka 2015-17"

Mohd. Talib Ather Ansari

Sr. Assistant Professor, MANUU, CTE, Bidar, Karnataka State, Karnataka, India

Corresponding author: talibmanuu@rediffmail.com

ABSTRACT

Is age factor drive emotional intelligence and adjustments of a person getting formal professional education and training? This question is very common as we have seen that the trainee teacher's emotional intelligence and adjustment has a lifelong impact on their profession, emotional intelligence refers to the ability to perceive, control and evaluate emotions, which is very important to adjust oneself in a new situation. In the present research tryout, the author have analyzed the emotional intelligence and adjustment among 400 B.Ed. trainee teachers studying in different B.Ed. colleges of Karnataka, these students are divided into two groups i.e. below 25 years and above 25 years of age respectively. The main purpose of the study is to find out age impact upon emotional intelligence and adjustment of B.Ed. trainee teachers with respect to the different variables.

Keywords: Emotional intelligence, adjustment, intra-personal management, inter-personal assessment

Teachers occupy an important role in the society at large. The basic requirement of a teacher is to fulfill and achieve the purpose of education. It can be seen that some teachers are academically talented but are unsuccessful in teaching and some are very successful in teaching rather they are not academically good. Teaching is not wholesome of a teacher duty, but it includes a lot from social to moral development of a child.

A teacher is more near to students than any other during his school days. Students want to share each and every thing related to educational as well as personal with him. It reflects that a teacher has strong emotional bondage with students. It is generally agreed that the goodness of an educational programme to a large extent is dependent on the quality of teachers available to implement it and it has been observed that B.Ed. trained teachers are more mature in handling the emotional problems of students. This thought has directed the researcher

to analyze the relationship of emotional intelligence with the age groups of B.Ed. trainee teachers.

Emotions and Emotional Intelligence

Emotions are personal experiences that arise from complex interplay among physiological, cognitive and situational variables. In day-to-day life, emotions affect our relations with other people, our self-identity and our ability to complete a task. Emotions are motivating inter-personal and intra-personal relationships.

It is the ability to perceive accurately, appraise and express emotions, generate feelings that facilitate thoughts and an ability to regulate emotions to promote teaching learning process in the classroom. It is also defined as an array of non-cognitive capabilities, competencies and skills that influence one's ability to succeed in coping with learning environment and pressure.

13	11113	Journal of the Institution of Engineers (India): Mining Engineering Division Board	ICI	Science	0257442X		Institution of Engineers Editor-in-Chief : Shyamanta Das	Ceased
14	12296	Dysphrenia	ICI	Science	22499377			Ceased
15	15614	Annals of Plant Physiology	ICI	Science	09719924		Forum for Plant Physiologists	Ceased
16	23398	International Journal of Prosthetic Dentistry	ICI	Science	22312269		Editor-Dr. Nikhil Verma	Ceased
17	10446	Research Journal of Biological Sciences	ICI	Science	09744177		J J College of Arts and Science	Reject:First Criteria
18	10452	Research Journal of Engineering and Technology	ICI	Science	09762973		Indianjournals.com	Reject:First Criteria
19	10466	Research Journal of Pharmacology and Pharmacodynamics	ICI	Science	09754407		Indianjournals.com	Reject:First Criteria
20	11236	Journal of the Oil Technologist` Association of India	ICI	Science	00301485		Oil Technologists` Association of India	Reject:First Criteria
21	1259	Asian Journal of Research in Banking and Finance	ICI	Social Science	22497323		Indianjournals.com	Reject:First Criteria
22	1260	Asian Journal of Research in Business Economics and Management	ICI	Social Science	22497307		Indianjournals.com	Reject:First Criteria
23	1261	Asian Journal of Research in Chemistry	ICI	Science	09744169		Indianjournals.com	Reject:First Criteria
24	12616	Educational Quest- an International Journal of Education and Applied Social Sciences	ICI	Social Science	09767258		Indianjournals.com	Reject:First Criteria
25	1262	Asian Journal of Research in Social Sciences and Humanities	ICI	Social Science	22497315		Indianjournals.com	Reject:First Criteria
26	12796	Delhi Psychiatry Bulletin	ICI	Science	09719571		New Age International	Reject:First Criteria
27	15570	Annals of Horticulture	ICI	Science	09748784		Indianjournals.com	Reject:First Criteria
28	17119	Healthline	ICI	Science	2229337X		PDU Government Medical College	Reject:First Criteria
29	17919	Ganga Ram Journal	ICI	Science	22308946		Sir Ganga Ram Hospital	Reject:First Criteria
30	18561	Christian Medical College, the Alumni Journal	ICI	Science	00095451		Alumni Association by Christian Medical College Hospital	Reject:First Criteria

An update on UGC - List of Journals

The UGC List of Journals is a dynamic list which is revised periodically. Initially the list contained only journals included in Scopus, Web of Science, and Indian Citation Index. The list was expanded to include recommendations from the academic community. The UGC portal was opened twice in 2017 to universities to upload their recommendations based on filtering criteria available at <https://www.ugc.ac.in/journallist/methodology.pdf>. The UGC-approved List of Journals is considered for recruitment, promotion and career advancement not only in universities and colleges but also other institutions of higher education in India. As such, it is the responsibility of UGC to curate its list of approved journals and to ensure that it contains only high-quality journals.

To this end, the Standing Committee on Notification on Journals removed many poor-quality/predatory/questionable journals from the list between 25th May 2017 and 19th September 2017. This is an ongoing process and since then the Committee has screened all the journals recommended by universities and also those listed in the ICI, which were re-evaluated and re-scored on filtering criteria defined by the Standing Committee. Based on careful scrutiny and analysis, 4,305 journals were removed from the current UGC-Approved List of Journals on 2nd May, 2018 because of poor quality/incorrect or insufficient information/false claims.

The Standing Committee reiterates that removal/non-inclusion of a journal does not necessarily indicate that it is of poor quality, but it may also be due to non-availability of information such as details of editorial board, indexing information, year of its commencement, frequency and regularity of its publication schedule, etc. It may be noted that a dedicated web site for journals is one of the primary criteria for inclusion of journals. The websites should provide full postal addresses, e-mail addresses of chief editor and editors, and at least some of these addresses ought to be verifiable official addresses. Some of the established journals recommended by universities that did not have dedicated websites, or websites that have not been updated, might have been dropped from the approved list as of now. However, they may be considered for re-inclusion once they fulfil these basic criteria and are re-recommended by universities.

The UGC's Standing Committee on Notification on Journals has also decided that the recommendation portal will be opened once every year for universities to recommend journals. However, from this year onwards, every recommendation submitted by the universities will be reviewed under the supervision of Standing Committee on Notification of Journals to ascertain that only good-quality journals, with correct publication details, are included in the UGC-approved List.

The UGC would also like to clarify that 4,305 journals which have been removed on 2nd May, 2018 were UGC-approved journals till that date and, as such, articles published/accepted in them prior to 2nd May 2018 by applicants for recruitment/promotion may be considered and given points accordingly by universities.

The academic community will appreciate that in its endeavour to curate its list of approved journals, UGC will enrich it with high-quality, peer-reviewed journals. Such a dynamic list is to the benefit of all.

