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Emotional Intelligence and Age: A Study of Enrolled B.Ed. Trainee Teachers in Different Colleges During 2011-12

Dr.Mohd Talib Ather Ansari *

Abstract: Building one's emotional intelligence has a lifelong impact. Emotional intelligence refers to the ability to perceive, control and evaluate emotions. In the present study the author have analyzed the emotional intelligence among 400 B.Ed. trainee teachers studying in different B.Ed. colleges in 2011-2012 session (divided into two groups i.e. below 25 years and above 25 years of age). The objectives of the study were to assess and to find out in respect to the variables. The tool used was "Emotional Intelligence Inventory". The investigator used descriptive statistics for analysis and concluded that emotional intelligence of B.Ed. trainee teachers' differ significantly in relation to their age difference.

Teachers occupy an important role in the society at large. Teachers are looked upon by the society as the wisest people of the community. They enjoy a very respectable status in society. The basic requirement of a teacher is to fulfill and achieve the purpose of education. It can be seen that some teachers are academically talented but are unsuccessful in teaching and some are very successful in teaching rather they are not academically good. Teaching is not wholesome of a teacher's duty, but it includes a lot from social to moral development of a child. A teacher is more near to students than any other during his school days. Students want to share each and every thing related to educational as well as personal matters with him. It reflects that a teacher has strong emotional bondage with students. It is generally agreed that the goodness of an educational programme to a large extent is dependent on the quality of teachers available to implement it. Sometimes it has been observed that an effective teacher is that who is the master of his subject, but it is he, who can transact the knowledge in students as per their needs and interests and understand them well. It has been observed that B.Ed. trainee teachers are more mature in handling the emotional problems of students. This thought has directed the researcher towards analyzing the relationship of emotional intelligence with the age groups of B.Ed. trainee teachers.

Emotions and Emotional Intelligence

Emotions are personal experiences that arise from complex interplay among physiological, cognitive and situational variables. In day-to-day life, emotions affect our relations with other people, our self-identity and our ability to complete

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