## Volume VII, Issue V, May /2018





# **Universal Review**

**UGC APPROVED JOURNAL - 40792** 

An ISO 7021: 2008 Certified Journal

A Peer Reviewed/ Referred Journal

Red 1

**Impact Factor - 5.7** 

ISSN NO: 2277-2723

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Universal Review ISSN NO: 2277-2723

## Locus of Control and Academic Achievement among University Students

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### **ABSTRACT**

This study was conducted to identify the locus of control and its link to academic achievement of university graduate and post graduate students. It was also to find out the differences of locus of control with respect to various variables like age and gender. A total of 402 University graduate and post graduate students were involved in this study. Data was collected using questionnaires. Findings showed that majority of the participants tend to have external locus of control. Meanwhile, locus of control showed a significant difference in terms of age. There was no significant difference in terms of gender. Locus of control showed significant differences with respect to various levels of academic achievement with F (2,77) = 19.58; p < 0.01. Those students who have higher level of academic achievement tend to have internal locus of control when compared to students with low academic achievement. As a conclusion, with the increased level of internal locus of control among the students, it will increase their hold control of effort for academic achievement.

Keywords: Locus of control, academic achievement,

### Introduction

Locus of control is a personality characteristic that determines the degree to which an individual believes that he or she is in control of life events. The concept of locus of control has been originally developed by Julian Rotter (1966) based on the social learning theory. Social Learning Theory is a personality theory brings the reinforcement theories and the cognitive theories together. It included both behavioural and internal or subjective constructs. It involves a description of the schema of individual differences and effect of experience. It has concerned with both methods of measurement and theoretical problems of measurement. The main idea was that the generalized expectancies of people govern one's belies and act accordingly. It plays an important role in motivating learning and performance. It can be generalized into a basic dichotomy which are internal and external. Individuals with an internal locus of control believe that future outcomes depend primarily on personal actions, whereas individuals with an external locus of control ascribe actions to factors outside of their control, such as fate or chance.

Many researchers conducted studies on Locus of control as a variable of influence. The internal and external locus of control were analysed in relation to important aspects in daily life of students, such as academic achievement, self-concepts, self-efficacy, achievement motivation, optimism and so on (Sagone & De Caroli, 2014; Ghamsemzadeh & Saadat, 2011; Sheiki Fini & Yousefzadeh, 2011, Nilson-Whitten, Morder & Kapakla, 2007). For example, Sheiki Fini & Yousefzadeh (2011) found significant and positive correlation between achievement motivation, locus of control and educational promotion, observing that students with internal locus of control believe that their educational achievement and grades depend on their effort and their planning. Moses. B and Vanaja. M (2013) studied on the interrelationship between shyness, self esteem and locus of control. Nilson-Whitten, Morder, and Kapakla (2007) also found significant relationships between locus of control, optimism

Universal Review ISSN NO: 2277-2723

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